

## **VIDA Spanish Vocabulary for Dental Program**

**VIDA Volunteer adventures offer a survival Spanish class during orientation and language lessons provided by our bilingual staff during your adventure. VIDA strives to provide highly qualified bilingual dental professionals to accompany the dental brigades. Our goal in providing participants with basics in dental Spanish is to help volunteers feel more at ease with their patients and vice versa.**

### **Mission Statement**

VIDA is a subsidiary non profit humanitarian organization of the Tropical Adventures Foundation, a registered 501(c)(3), based in the USA and Costa Rica, that helps to empower individuals and provides free medical, dental, and veterinary assistance to needy communities to improve quality of life by offering volunteers from around the world hands-on, eye opening, mind-enriching experiences.

Tooth	Diente
Teeth	Dientes
Molar	Muelas
Wisdom Teeth	Cordal
Lips	Labios
Tongue	Lengua
Nerve	Nervio
Gums	Encías
Syringe	Jeringas
Needle	Agujas
Lidocaine	Lidocaina
Gauze	Gasa
Blood	Sangre

**Phrases:**

When was the last time you saw a dentist?

*Cuando fue la ultima vez que visito un dentista?*

Do you brush your teeth?

*Se cepilla sus dientes?*

Do you use dental floss?

*Usa hilo dental ?*

Le duele algun diente?

Do you have pain in one of your teeth?

Open your mouth

*Abra bien la boca*

Open part way

*Abrala un poco*

Bite down.

*Muerde.*

Bite down hard.

*Muerda fuerte/duro*

Spit now

*Ahora escupa*

Turn your head toward me.

*Voltee la cabeza hacia mí*

Turn away.

*Volteese hacia alla*

Are you feeling any pain?

*Esta sintiendo algun dolor?*

Lay down  
*Acuestase*

Relax  
*Tranquilo*

VIDA offers volunteers hands-on, eye-opening, mind-enriching volunteer experiences in a constructive and intercultural environment. We provide humanitarian services that help local people in need and learning experiences that benefit the volunteers.