

## **Thank You For Your Sponsorship!**

Thank you from  
VIDA, Volunteers  
for Intercultural  
and Definitive  
Adventures

Xxxxx xxxx Trip

On behalf of VIDA, *Volunteers for Intercultural and Definitive Adventures*, at the University of -----, we would like to thank you for your compassionate sponsorship to our medical & nursing relief efforts. We recently completed our first medical brigade trip to **country here**. In seven days of clinics, we saw over 1000 patients, administered medicine, provided compassionate care, and distributed supplies, clothes, shoes, and toys. Our intention is to visit Central America once a year, and to supply 3 months of OTC medications for the patients we see at each visit. Our collaborators at the clinics in Central America will follow up with the patients and visit once or twice during the interim in which we are not there. Not only did we serve hundreds of patients, but we experienced an eye-opening, hands-on, and mind-enriching intercultural adventure. We learned about ourselves, tropical medicine, and about excellence in nursing.

Thank you for your involvement and donation!

Our next trip is in ----- and we are continuing to seek medicine and supplies for this trip. Below is a list of supplies which we used a good deal of during our recent trip. If you are able to assist in any way we would greatly appreciate it! **Please contact me at “Your contact information here” or you can visit the VIDA website at [www.vidavolunteertravel.org](http://www.vidavolunteertravel.org)**

Again, thank you so very much for your compassion and dedication to our cause! Your involvement and help is deeply appreciated.

Sincerely,

**Your name here**

### **MEDICINE AND SUPPLY (general list)**

1. Adult Multivitamins
2. Children's Vitamins
3. Parasite Medicines – Adults and Children
4. Adult Cough and Cold

5. Children's and Infant Cough and Cold
6. Dermatology – antifungal crème, hydrocortisone, moisturizer, lice shampoo, bacitracin, etc
7. Infant – wipes and diapers
8. Women's – vaginal cream, condoms, prenatal vitamins
9. Pain – adult, children, and infant (Tylenol, Advil, etc)
10. Antibiotics – adult and children –  
amoxicillin, cephalixin, sepra, cipro, erythromycin, bactrin, augmentin, etc.
11. Allergy – antihistamine, singulair, alegra, benadryl, etc.
12. Asthma- albuterol inhalers, nebulizer machine
13. Diabetes- metaformin, glyberide
14. ENT – eye, ear drops, throat spray,
15. Heart -enalapril
16. GI – cimetidine, ranitidine, famitadine, immodium, antacids, pepcid, prevacid
17. Mental Heath – anxiety, (ativan, xanex)
18. Dental – toothbrushes, toothpaste, floss, Listerine
19. Eyeglasses (reading only)
20. Clothes, shoes, toys, books
21. Supplies – Office – plastic bags of all sizes, small envelopes, baggies, paper, pens, labels, large clear plastic bins for meds
22. Supplies – Medical – gloves, hand sanitizer, stethoscopes, blood pressure cuffs, thermometers and thermometer covers, tongue depressors, gauze, tape, band aids, glucose monitor, scales, etc.